If you are concerned about your future Member of Parliament’s ability to be an independent, empowered, and effective spokesperson for your community, ask them some of these questions (ordered from easiest to hardest) and show them how much you care about building a healthy and vibrant democracy!

**Easy**

- 🌐 If you’re elected, what’s one thing you would do as an MP that would strengthen our democracy?
- 🌐 Have you heard of the Samara Centre for Democracy? Here are their nine ideas for a stronger democracy. Does your party plan to address some of these?

**Harder**

- 🌐 When you vote, whose interests will you keep front of mind?
- 🌐 How will I know if you’re thinking for yourself or voting along party lines?

**Curveball**

- 🌐 How important is it for you to work with MPs from other parties? Give me an example of an issue you want to work on together.
- 🌐 What committees will you try to get on and why?

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Tag us in a picture of your door hanger!

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This election, put democracy on the agenda!
This election, the Samara Centre is asking candidates to commit to immediate and concrete change.

**Here are nine practical and simple ideas for a stronger democracy.** They should have cross-party support. They require minimal public spending. Most don’t even require legislation. *All that’s needed is political will.*

### Parliament

To empower independent and thoughtful representatives, the parties should:

1. Encourage backbench MPs to debate
2. Free committees to do non-partisan work
3. Empower MPs to scrutinize government

### Parties

To embrace transparency and share power, the parties should:

4. Respect Canadians’ privacy
5. Clean up nomination races
6. Reduce the power of the party leader

### People

To open new avenues of participation for Canadians, and help enrich our civic culture, the parties should:

7. Empower citizens to set the agenda
8. Invest in lifelong civic learning
9. Create permanent constituency offices so MPs and citizens can connect

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*This election, put democracy on the agenda!*